



U Sparkle Therapy Centre

reveal the sparkle in you...



Contact us...

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284 Papanui Road, Merivale,
Christchurch, New Zealand

www.usparkletherapy.co.nz

www.facebook.com/usparkletherapy

Health & Beauty Treatments

Luxury Treatments

\$130

Our luxury treatments will leave you feeling absolutely amazing! Options include:

- Deluxe Neck & Face Galvanic Rejuvenation Luxury Treatment
- Deluxe Massage from Top to Toe using Essential Oils

Galvanic Skin Rejuvenation

\$99/hour

The Galvanic Spa addresses the 4 areas of ageing discolouration, fine lines & wrinkles, texture & pores size. The benefits of the Galvanic treatments are huge & include face, body & hair. Treatments work to quicken the natural cell renewal process of the skin, leaving your skin feeling vibrant, radiant & healthy.

Benefits of Galvanic include:

- Treatment of acne/blemishes/pigmentation
- Smooths fine lines/wrinkles,refines pore size
- Deeply hydrates the skin lifts/firms your skin
- Treats cellulite

Other benefits of Galvanic

- Hair rejuvenation for men & women
- Pain management

Luminesce™ Skin Rejuvenation

\$130/hour

Age defying radiance and luminosity! Ground-breaking science and skin care expertise, creating visible results. Luminesce™ is shown to offer many benefits, including:

- Diminishes the appearance of fine lines and wrinkles.
- Evens out discoloration and uneven skin tones
- Increases skin radiancy and vibrancy
- Enhances smoothness in the texture of the skin
- Increases skin firmness and elasticity
- Renews the youthful luminosity

Foot Shie

\$99/hour

Luxurious foot soak, leg scrub and foot and calf massage, leaving your legs and feet looking and feeling amazing. Nails trimmed or filed. Deed skin buffed. Nails painted.

Facials

\$99/hour

Various available from deep cleanse to relaxation; including a deluxe neck & facial spa treatment, anti-aging facial. We use the most luxurious products to improve the health and radiancy of your skin.

Treatments from 60 - 90 minutes.

Waxing

\$99/hour

Brazilian and other waxing treatments available.

Spray Tans

\$55

Full body spray tans available.

Tans by Massage - a wonderful relaxing, conditioning massage giving you a beautiful even tan that will have you looking like a bronzed beauty.

Eyelash Extensions (Semi Permanent)

\$180/set

Top ups - Dependent on time required \$65 - \$99

Nouveau Semi Permanent Eyelash Extensions featured on the hit UK TV show "10 Years Younger" & "Extreme Makeover".

Longer, thicker, luscious, natural looking, sexy lashes for confidence. Forget mascara - a healthier option. Perfect for all occasions.

Eyebrow shaping & eyelash tinting also available.

Manicures, Pedicures & Shellac Nails

\$99/hour

Range of nail treatments and services including manicures, pedicures, nail painting, acrylic nails and Shellac Nails.

Shellac Nails are revolutionary natural-looking nail polish that last for approximately 14 days. Hypo-allergenic, zero dry time an no damage to natural nails.

Don't forget girls this treatment is a must for the bride to be. A fortnightly session will have you looking your best.

Make Up/Bridal Make Up

POA

Range of make up services, ideal for weddings, functions, events and just looking your best.



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Health & Beauty Treatments

Pamper Package for Groups

POA

Corporate team building and hens nights/wedding parties.

Accommodation also available.

Clinical Aromatherapy

\$99/hour

Clinical Aromatherapy is the controlled use of essential oils & other aromatic compounds for specific outcomes that are measurable. Clinical Aromatherapy has many health benefits & general well being, including:

- Reducing stress, stress-related ailments & aids relaxation
- Invigorating the body/help with energy levels
- Promotes skin health/aids sleep

Massage

\$99/hour

Massages range from 60 to 120 minutes.

- Aromatherapy Massage
- Indian Head Massage
- Therapeutic / Swedish Massage
- Relaxation Massage
- Deep Tissue Massage
- Bronzing Massage
- Hot Stone Therapeutic Massage
- Pregnancy Massage

Indian Head Massage

\$99/hour

An Indian Head Massage is a hands-on approach to relaxing & recharging you after a stressful day.

Indian Head Massage works with the back, neck, shoulders & face, working out all areas of tightness, aches & muscle strain.

Rejuvenate your body & relax your mind.

Personal Trainer & Exercise Assistance

\$99/hour

Our therapist will work one on one to help you achieve your body size, weight & form. We can help you reach your goal, change your life from today and make the call.

Exercise prescription, confidentiality assured.

Reflexology

\$99/hour

Reflexology is a alternative therapy, which works on the feet to help heal the whole person not just the prevailing symptoms. It encourages the body to work naturally to restore its own healthy balance. Reflexology has been shown to be effective for many conditions, some are listed below:

- Hormonal Imbalances
- Migraine
- Sports injuries - old & new
- Stress-related conditions
- Sleep disorders